

RENEE COMMARATO, D.D.S., M.S., INC.

Pediatric Dentistry

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POST RESTORATIVE VISIT INFORMATION

Restorative procedures were performed on your child today. The following explanations are provided to help you better understand what to expect. Some explanations may not apply.

LOCAL ANESTHETICS: Your child received local anesthesia for dental treatment. This makes the lips, cheeks, and sometimes the tongue numb on the side it was used. Children may not understand the numb feeling and may chew, suck or pick at this area causing abrasion or bruising of the tissue. This is not usually serious, however, considerable swelling, discoloration, slight temperature rise and discomfort may result and persist for several days. A white scab area may form inside the mouth.

Anesthesia may persist for as long as four to five hours. The usual case only lasts for an hour or two. Please watch your child **VERY CLOSELY** until you are sure the anesthesia has worn off.

COTTON ROLLS: In order to prevent your child from chewing his/her lip, cheek or tongue I suggest he/she "rest his/her teeth on a tooth pillow". This cotton is an indicator to you - if the cotton is moving because your child is chewing it, he/she is also chewing their mouth. Please have your child rest his/her teeth on the cotton and change it with a dry one every 10 minutes for 1-2 hours following this appointment.

Please beware if your child does chew his/her lip it will be very sore. The ulceration usually takes 7-10 days to heal. It looks like a white film covers the ulceration. This is normal healing. If this occurs, please give Motrin for children and keep away from acidic or spicy foods.

EATING FOLLOWING: I suggest delaying eating until the numbness wears off. This will minimize the possibility of trauma from chewing cheeks and tongue. Therefore, nothing should be eaten for 1-1/2 to 2 hours. Your child may drink something or have something very soft that is basically swallowed, not chewed (applesauce, yogurt, or milkshake).

RETURN TO NORMAL ACTIVITIES: Depending on your child, I feel he/she is the best judge of this, whenever he/she feels comfortable.

PAIN: If there is going to be any discomfort, it will occur after the numbness wears off. You can give your child acetaminophen (such as Tylenol for children), or ibuprofen (such as Motrin/Advil for children) if there is discomfort. Please follow the recommended dosage and directions on the label.

SPECIAL INSTRUCTIONS:

Please call if you have any concerns.